#### COGNITIVE MECHANISMS IN INTERPRETATION PROCESS

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**Abstract:** Tarjima tillarni, kontekstni va muloqot dinamikasini chuqur tushunishni talab qiladigan kognitiv vazifadir. Ushbu maqola tarjimonlarning lingvistik qiyinchiliklarni qanday boshqarishi, ma'lumotni qayta ishlash va ma'noni to'g'ri etkazishiga oydinlik kiritib, talqin qilish jarayonida ishtirok etadigan murakkab kognitiv mexanizmlarni o'rganadi.

**Keywords:** cognitive mechanisms, communication dynamic, interpreter, semantic interpretation, lexical access, language comprehension, cognitive models of interpretation.

Interpretation is a cognitive task that demands a deep understanding of languages, context, and communication dynamics. This article explores the intricate cognitive mechanisms involved in the interpretation process, shedding light on how interpreters navigate linguistic challenges, process information, and convey meaning accurately.

Interpretation, as a cognitive task, engages a myriad of mental processes to decode, understand, and reproduce messages across languages. It requires not only linguistic proficiency but also cognitive flexibility, working memory capacity, and problem-solving skills. In this section, we will delve into the cognitive mechanisms that underpin the interpretation process.

#### Cognitive load and information processing:

Interpreters confront a significant cognitive load during the process of interpretation, as they must juggle incoming information, linguistic analysis, and output generation simultaneously. This cognitive load can vary based on factors such as the complexity of the language, the speed of speech, and the presence of cultural nuances. Interpreters must efficiently allocate cognitive resources to different tasks, prioritize information, and manage attention to ensure accurate interpretation.

#### Language comprehension and production:

The interpretation process involves rapid language comprehension and production cycles, where interpreters must listen, analyze, and speak in near real-time. This requires robust language processing skills, including lexical access, syntactic parsing, and semantic interpretation. Interpreters rely on their linguistic knowledge, cognitive schemas, and context cues to decode meaning, make inferences, and convey messages fluently.

### Cognitive models of interpretation:

Various cognitive models offer insights into how interpreters navigate the complex task of interpretation. The Interactive-Activation Model posits that lexical items are activated simultaneously in the mind, competing for selection based on contextual cues and linguistic constraints. This model highlights the interactive nature of lexical processing and the dynamic nature of language comprehension in interpretation.

Working memory and interpretation











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Working memory plays a significant role in the interpretation process, enabling interpreters to hold information temporarily, manipulate linguistic structures, and coordinate cognitive tasks. Interpreters with higher working memory capacities are better equipped to handle complex linguistic input, manage cognitive demands, and produce accurate translations efficiently. Working memory capacity influences attentional control, cognitive flexibility, and decision-making processes during interpretation.

### Cognitive strategies and problem-solving

Cognitive strategies and problem-solving skills are one of the most necessary skills every interpreter should have to overcome challenges in the interpretation process. They may use techniques such as chunking, note-taking, paraphrasing, and inferencing to enhance information retention, streamline processing, and bridge lexical gaps. Problem-solving skills enable interpreters to adapt to unexpected situations, resolve communication ambiguities, and maintain coherence in their interpretations.

In conclusion, the interpretation process is intricately intertwined with cognitive mechanisms that govern language processing, working memory functions, and problem-solving strategies. By understanding and honing these cognitive skills, interpreters can enhance their performance, accuracy, and efficiency in navigating the complexities of cross-linguistic communication.

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